

The Fredonia Presbyterian

November 2023 Newsletter of the Fredonia Presbyterian Church

From Our Pastor

I read about the poet Jane Kenyon, who was born in 1947. Her grandfather was a preacher and was known as staunch and a bit scary, which caused her to wander away from Christianity. Later in life, she found her way back to the church but she saw theology as creative. She saw theology in everyday things, which she writes so beautifully about in her poems.

As we reach November, it feels like a good time to give thanks to this community and take a big deep breath. The time will change and dark will come earlier. Days will be crisp and chilly. Forecasts of snow are already on the horizon. So, after such good work on Feeding Fredonia, let us rest and give way to hygge, fire places, and cozy sweaters. So, now I turn it back to Jane to help us settle in.

Let the light of late afternoon shine through chinks in the barn, moving up the bales as the sun moves down.

Let the cricket take up chafing as a woman takes up her needles and her yarn. Let evening come.

Let dew collect on the hoe abandoned in long grass. Let the stars appear and the moon disclose her silver horn.

Let the fox go back to its sandy den. Let the wind die down. Let the shed go black inside. Let evening come.

To the bottle in the ditch, to the scoop in the oats, to air in the lung let evening come.

Let it come, as it will, and don't be afraid. God does not leave us comfortless, so let evening come.



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To Life

by Joe Calarco

"Chai" is the Hebrew word for "Life." In Scripture, to give Chai is to give spiritual life. Thus, the origin of the popular Jewish toast of celebration, "L'chaim", to Life.

Doug, a retired dentist, is a member of my Men's Bible Study in Ft. Myers, FL. We are a mixed group of men, including: educators, contractors, law enforcers, even a professional baseball pitcher (who struck out the great New York Yankee star, Micky Mantle 7 times). Doug and I became friends and bonded on a personal level. After I returned home, he remained in Florida While playing Golf, Doug collapsed on the course. Fortunately, a physician playing nearby gave Doug CPR until EMTs arrived. After heart surgery, Doug resumed playing golf.

When I returned to Ft. Myers the next season, and resumed our Bible Study, I learned of Doug's golf/ heart incident. After our Bible discussion, the conversation turned to cardiac health. Everyone shared what treatments or medication they were taking. When asked what medication I take, I jokingly remarked that I drink a glass of red wine every night.

In a quiet voice Doug smiled and replied that he also has a glass of red wine every night. At 5 o'clock, he raises his glass in celebration of his day of life. He toasts to the Great Physician, in thanksgiving, "I'chaim," to Life.

I now follow Doug's ritual and it has brought new meaning to my daily tradition. When I stand on the bank of the creek, with my glass of red wine, it is not for "medicinal" purposes, but now it is a toast to my Creator for one day more of life, "I'chaim"!

One day at a time, Sweet Jesus

That's all I am asking of you

Just give me the strength

To do every day what I have to do

Yesterday's gone Sweet Jesus

And tomorrow may never be mine

Lord help me today, show me the way

One day at a time (Wilkin/Kristofferson)

(Continued on page 3)



To Life (Continued from page 2)

Paul encouraged us to live for the day. "Therefore do not worry about tomorrow for tomorrow will worry about itself. Each day has enough trouble of its own." (Matt 6:25-34)

There have been several versions of the adage "Live one day at a time", but at our last prison ministry meeting, I heard a new one, "Don't worry about tomorrow...God is already there."

Finally, as I sip my mug of tea, I smile at the inscription on the mug, "This is the day the Lord has made, Let us rejoice and be glad in it" (Psalm 118:24)

"L'Chaim," To Life

Please Pray:

for the Keryx ministry, Joe and Carol Calarco, and the team. Joe will be going into the prison the first week in November.

for our Global Partners in Ministry: Friends of the Presbyterian Education board in Pakistan.

for our Local Partners in Ministry, Compeer Chautauqua.

for the Cuba ministry and Nancy Cuervo.

Joy is living in a community that collects so much food for its Food Pantry that new records are set and the Pantry overflows.





November 2023

Through the Presbyterian Education Board and your generous donations we have been able to sponsor a day student, Neriah Kamal, in her quest for an education.



Let's pray for Neriah, her family, and all those making sure girls in Pakistan can attend school.

5,000 pounds

and counting! As of Sunday, October 29th that was the unofficial total for the food collected during this year's Feeding Fredonia Challenge.

There is still food to be weighed so we will have a final tally and lots of thank you's the December newsletter.



November 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
				Putnam insurance 8-4		Farmer's Market 10-1 Barker Commons
5	6	7	8	9	10	11
Worship 10:30 Communion	Art Discovery 6-8	Girl Scouts 5-7		Rotary 12-1		Lake Shore Fellowship 12-5
12	13	14	15	16	17	18
Worship 10:30 Mission Committee Mtg. after worship	Art Discovery 6-8		Bible Study. Fredonia Place 1	Session Meeting 6		Food Pantry 10-12 Farmer's Market 10-1 Barker Commons
19	20	21	22	23	24	25
Worship 10:30	Art Discovery 6-8	Girl Scouts 5-7				
26	27	28	29	30		
Worship 10:30	Art Discovery 6-8					

Images and photographs are from Bing, Ellen Vacanti, Lilly Li, and Carol Groat.



Over the Coffee Cups

Ellen Vacanti had her one and only cruise of a lifetime in September. She had always wanted to go to Alaska and finally checked that box.

Ellen and her brother, Donald McPherson & his wife, Kathy, who live in Saratoga Springs, NY, traveled together to Vancouver, Canada. Her brother Gordon McPherson & his wife, Diane, who live in Camano Island, WA met them in Vancouver.

The cruise ship left from Vancouver and the first stop was Juneau, Alaska where they went on a whale watch and did some sight seeing which included traveling by bus to the Mendenhall Glacier Park. They found a wonderful fish 'n chips place and had excellent halibut.



The next stop was Skagway, Alaska where they took the White Pass & Yukon Route train along the gold rush route. Beautiful mountains & glaciers surround the trail. Can't imagine what it was like to make this journey in 1898. They saw the old train bridge over a gorge, not much remains of it, built in 1900. They stayed on the cruise



ship to visit Glacier Bay. There they saw several glaciers but the best was Johns Hopkins Glacier! The area to this glacier had just opened the end of July and we passed ice chunks in the aqua blue water and 10 or more seals lying on huge pieces of ice. The ship did a 180 so people on the other side of the ship could enjoy it also. It was very interesting to see how this huge cruise ship could turn in one place. Glacier Bay closes in October, so, we were fortunate to see it.

The last stop was in Ketchikan, Alaska where we took a boat and toured an old salmon canning operation. We took a path that went over a little brook, probably glacier run off, up a hillside and saw the salmon trying to reach the top. Some had to

try and try again, not sure if they made it. We took a bus to a native area, Kich<u>x</u>áan Anáaski, where they make the totem poles seen all over Ketchikan. We saw the building where huge logs were in the process of becoming a totem pole. There was a circle of totem poles out in the park area and each had a story. One was meant to embarrass a man who had promised to send back money to them but never did. His future ancestors had wanted the totem pole taken down but it would cost them \$10,000 so they said to leave it up!

In between all these adventures, life on the cruise ship was amazing. There were shows, music/bands in the club area, viewing from the upper deck, different activities, and did I say the food was incredible? Well, the food was incredible!!

We cruised back to Vancouver and spent a few days with Gordon & Diane at their new house in Camano Island. Then the 3 New Yorkers made there way back home. The flights were good and on time. We found an excellent Italian restaurant in the O'Hare airport. Don & Kathy went on to the Albany airport and I to the Buffalo airport. What great memories!!



Over the Coffee Cups (continued)

Marge Benton is slowly adjusting to all the recent changes in her life. One benefit of her move to Washington, DC is the frequent visits from her family. Here's a picture of Marge sharing a book with one of her great-granddaughters.

Marge appreciates any cards and notes sent to her. Her contact information is Marge Benton Forest Hills of DC 4901 Connecticut Ave., NW Washington, DC 20008



A few members of the congregation were recently able to attend an art show hosted by the Mental Health Association of Chautauqua County. Wing Haight-Wills, who has been an artist since she was 2, had work displayed. Go onto the church's FaceBook page to see the story and the interview Spectrum News did with Wing.

From the interview: "It's just something that is within me and is natural to do," Wing said. "I don't feel like I would be me, without creating art. And I don't personally remember a time that I wasn't creating some type of art."

If you've ever noticed the painted rocks outside Ellen's office or seen a highly decorated envelope in the offering plate, that's Wing's work, too.

Susan Pepe recently ran into Terry Schrontz in the grocery store. If his big smile is any indication, he is doing pretty well. Right now he is looking forward to hunting season and says to say, "Hello", to folks he knows.

Don't forget to take cans with a deposit to Can King (just tell them to donate the money to the Food Pantry) or bring them to church.



Also, those empty ink cartridges Ellen recycles generate revenue for the church. The box to collect them is in the Penfold Room.



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Prayer Lis	st	November Birthdays			
Donna Heintzman Joe Dolce		1 4	Jackson Spangler Dustin Lukach		
Dick Ackley Dick Watt		5	Mark Piazza Ellen Vacanti		
Joy Hite Zachary Dloniak			Steve Harp		
Deb Harris		11	Chloe Palmer	3 chappys	
Sandy McBride		17	Lillian Divine	thdolp	
Susie Harris		18	Cori Coia		
Jordan Mendyk Tracy	THE	21	Travis Gordon		
Toni-Jo Mitchell	2 th	29	Susan Guziec		
Mick Jennifer O'Boyle	- 10 -				
Cheryl Connelly Kevin					
Lorraine & Joe			November Anniversa	aries	
PJ Meadows John LaMancuso Lucy Thomas		3	Dustin & Marcie Lukach	2007	
Elaina		7	Ned & Lillian Divine	1987	
Jessie		8	Stephen & Barb Lucariello	1980	
Larry & Sharon Kitty Nick		9	Ron & Janine Scaccia	1996	
		17	Holly & KC Clark-Porter	2011	
Jennifer Souder Rebecca		23	James & Susan Pepe	1996	
Jack Rudy Sujat Parikh		24	Ron & Melissa Chwojdak	1978	
Baby Julien		26	Joe & Carol Calarco	1986	
Nikki Carrie Divine Lorraine Withington			Happy Thanksg	úvíng!	

COLOR -

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The Dates for the Alternative Christmas Have Been Set

Lots of jobs will be available when we set up for the 2023 Christmas Festival. Friday, December 1, 3:30-6 Saturday, December 2, 9-3 Sunday, December 3, 12-1

Nativities will be needed. Might you loan yours?

Folks will be needed to work each shift.

Greeters, hosts in the sanctuary where the nativities are displayed, bakers for the refreshment table, cashiers, workers at the Equal Exchange and SERRV tables.