



The Fredonia Presbyterian

June 2024
Newsletter of the
Fredonia
Presbyterian
Church

From Our Pastor

Have you seen those flyers with the phone numbers dangling off and the idea is that someone tears off the dangling number in order to call about the job or the guitar classes or pet sitting? You know what I'm talking about, right?

Well, I saw that a colleague of mine did one of these but for bad days. The "poster" part says, "LOVE: self care of bad days. Take one or pass one along"

Then instead of several copies of a phone number the dangling-to-be-torn-off part is different ways to self-care.

The things you can tear off are simple, but really good ways to just get yourself back. Take a walk. Listen to your favorite song on repeat. Breathe in, drop your shoulders, and stretch your neck. Tell your to do list, "it can wait." Detox from your phone and do a puzzle. Go to a coffee shop and get that drink you always want but get drip coffee instead.

I love this idea. We know these things--we "know" what self care is and what we should do, but so often on a bad day you get so caught up in the badness, you don't do the better thing.

Make your own list. And, when you're having a bad day, pick one, cross it out, and do it! Make the list easy to find. Something tells me just accomplishing one of these things will help a bad day turn into one of redemption.

Raise Right

We have a new fundraising \$\$\$ platform! Raise Right is a nonprofit helping other non-profits. The idea is simple: people will sign in to our church account online, buy a gift card from one of dozens of available... think Amazon, Walmart, Home Depot, Whole Foods, Kohl's, Panera... Then our church makes a small profit from the company. A few members have done this and say it is quite easy.

Our code is **XNWWL9KRHYQ6**. Choose "join an existing program" and put in the code. Then it is a piece of cake. A video explaining the program is on Holly's April 16 weekly email.





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LOVE IN THE RAIN

By Joe Calarco

“They came for you....”

Nearly 30 years ago, Carol and I joined Koinonia, a Christian Fellowship that holds Weekends to further individual as well as community faith. One of the traditions of the group is to support members who are grieving. When a member or family member suffers a death, the community meets at the Funeral Home to sing “Amazing Grace” for the family. Usually, 15-20 members would attend as a demonstration of God’s love. With the onset of Covid, we could no longer go to the Funeral homes, so we sang outside of the family’s home. Since most of the group is from the Jamestown area, Carol and I would drive from Fredonia, sing for 3 minutes, and return home.

One night it was dark and raining. I did not want to go. We did not know the family personally. No one would miss us. Then, my dear wife reminded me once more, “They came for you.” So, that evening we drove to the house somewhere out in the country and stood in the rain, under umbrellas, 10 feet apart from the other 8 singers. When we began to sing, the family came out on the porch to thank us. We waved our goodbyes and headed home. The next day I received an email from a close friend in the group thanking us for coming all that way to sing for his sister’s family who had lost her husband. Because of the darkness, and rain, I never saw my friend on the porch with the family.

Recently, the group gathered for the family whose wife/mother is dying of ALS. Again, it was raining. More than 100 members stood in the rain, umbrellas touching to sing out God’s love. It was a sacred moment.

20 years ago, when Carol and I were “Newbies” to the group, my brother passed away. We were sitting quietly with our family in the funeral home, when 2 or 3 members of Koinonia walked through the door. I was very surprised and pleased to see them. Then, more came in and more and more until 35-40 stood shoulder to shoulder to sing “Amazing Grace”. I was overwhelmed with the feeling of Love. They came for me, now we go for them. Whether we are 10 or 100, inside or in rain, we sing of God’s loving “Amazing Grace.”



Sympathy is Extended to:

Susan Pepe and her family on the death of her sister, Sandra McBride, who died on May 19th.

The family of Brenda Richardson who died on May 11.



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A Note from Joan Larson:

May 9, 2024

Dear Friends,

Diane and I want to thank all of you for the prayers, acts of kindness, visits, and support given to us these past months.

Diane is back to work and improving daily. We have truly experienced God's grace and strength through your Christian love, and we feel forever thankful.

God bless,
Joan Larson and Diane Bell

Please pray for New Hope Presbyterian Church in Erie, Pennsylvania. They recently had a fire in their sanctuary.

Help is Needed

If you want to get a little more involved in the ministries of Fredonia Presbyterian, you might volunteer to help with

- Shopping for Fred Basket.
- The Farmers' Market.
- Greeting folks on Sunday.
- Manning Fred Basket for 2 hours on a Wednesday or Thursday.



You're Invited to Sing with the Choir



Our choir is big enough that even if you don't sound like a Grammy winner, you'll sound pretty good.

Practice is at 9:30am on Sunday mornings. Please speak with Lily (the organist/pianist) or any choir member to learn more.

Thank you to everyone who helped with this year's yard sale.

Three things we could really use more of at the Fred Basket (Food Pantry) are

- Pasta**
- Cans of Fruit or Vegetables**
- Meals in a Can (chili, stew, ravioli, etc.)**



Images from Bing and Carol Groat.



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June 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
						Yard Sale! 9-1
2	3	4	5	6	7	8
Worship 10:30 Communion	Art Discovery Open House 6-8	Girl Scouts 6-7 Theology on Tap 5ish at Downtown Brew		Rotary 12-1 Narcotics Anonymous 7		
9	10	11	12	13	14	15
Worship 10:30		Theology on Tap 5ish at Downtown Brew	Cassadaga Band 6	Narcotics Anonymous 7		Food Pantry 10-12 Farmer's Market 10-1 Barker Square
16	17	18	19	20	21	22
Worship 10:30 Tool Sunday		Girl Scouts 6-7 Theology on Tap 5ish at Downtown Brew	Compeer 12:30-2:30 Cassadaga Band 6	Narcotics Anonymous 7 Session 6		
23	24	25	26	27	28	29
Worship 10:30		Theology on Tap 5ish at Downtown Brew		Narcotics Anonymous 7		
30						
Worship 10:30 Imago Dei Sunday						

Fred Basket is now open on Wednesdays 1-3 and Thursdays 4:30-6:30 as well as the 3rd Saturday



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Prayer List

Donna Heintzman
 Joe Dolce
 Dick Ackley
 Joy Hite
 Zachary Dloniak
 Dick Watt
 Gary Chwojdak
 Toni-Jo Mitchell
 Mick
 Cheryl Connelly
 Deb Harris
 Susie Harris
 Jordan Mendyk
 Tracy
 PJ Meadows
 John LaMancuso
 Lucy Thomas
 Elaina
 Jessie
 Nancy Dewitt
 Bill Johnston
 Duane Dustin
 Margie
 Joe Gullo
 Brianna & Family
 Julia Irish
 Janine D.
 Margaret and Linda
 Diane Bell
 Crista Hagberg Family
 Jennifer O'Boyle
 Rhonda
 Kaden
 LaPearl Haynes
 Bill
 Trish Lehnen
 Greg Chwojdak
 Alba Talavera
 Kaden
 Billy Kerber
 Ron Scaccia
 Jimmy
 Lucy Andrus



June Birthdays

- 4 Noah Voss
- 19 Joe Calarco
- 24 James Pepe
- 26 Sandra Johnson
- 27 Holly Clark-Porter



Anniversaries

- | | | |
|----|-----------------------|------|
| 18 | David & Peggy Tiffany | 1966 |
| 27 | Scott & Ellen Foley | 1987 |

Prayers for peace for all countries at war.
 Prayers for firemen & policemen injured in the line of duty.

Prayers for our Local Partners in Ministry, Compeer Chautauqua Girl Scouts, and Narcotics Anonymous.

Pray for our Global Partners in Ministry: Friends of the Presbyterian Education Board in Pakistan and the young girl we sponsor, Neriah. The \$400 a year we send allows her to go to school.



Fredonia Presbyterian Church
219 Central Avenue
Fredonia, NY 14063

Art Discovery Event

Our new arts mission, Art Discovery, will have an opening reception for their art show. The whole community is invited to join them Monday, June 3rd from 6:00 to 8:00 pm in Fellowship Hall. We're hoping for a big turnout!

Join us for refreshments as we enjoy Art Discovery's newest installation.